Using *Partners for a Healthy Baby* to Support Pregnant & Postpartum Women At Risk For or Experiencing Intimate Partner Violence

**Welcome to today’s webinar!**

Using the *Partners for a Healthy Baby* home visiting curriculum to support women at risk of or experiencing Intimate Partner Violence.

*Florida Maternal Infant & Early Childhood Home Visiting Initiative*

Tuesday, Nov 22, 2016

9:00 – 10:30 AM

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**The FSU Partners Curriculum**

**Partners Tool**

**Intimate Partner Violence (IPV)**

includes physical violence, sexual violence, threats of physical or sexual violence, psychological/emotional abuse, financial abuse, and stalking between those who are or have been involved in a marital, sexual, or dating relationship.

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**Why is this important to home visitors?**

**MIECHV Benchmarks & Core Competencies**

**Screening**

**Who Are Victims and Batterers?**

**VICTIMS:**
- Women and men
- Adolescents, teens, young, middle-aged, and older adults
- People of all cultures and religions
- Blue collar, middle class, and wealthy
- Straight, gay, lesbian, and transgender
- Married and unmarried
- People with and without high school or college degrees

**BATTERERS:**
- Women and men
- Adolescents, teens, young, middle-aged, and older adults
- People of all cultures and religions
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**Violence, Trauma, Mental Health Issues, and Drug Use are Inextricably Related**

- Women who are abused are more likely to use alcohol and drugs than non-abused women
- Alcohol and drug abuse among women and their partners increases risk for abuse
- Abused women often experience low self-esteem, depression, and PTSD


**Trauma-informed care**

An approach to engaging people with histories of trauma that recognizes the presence of trauma symptoms and acknowledges the role that trauma has played in their lives.

**IPV in pregnancy**

**Intimate Partner Abuse is Highest Around Childbearing Years**

Estimates are that from 3-20% of women report being abused the year before, during, or after a pregnancy.


**Intimate partner violence during pregnancy**

- Non-fatal outcomes
  - Mental health
    - Post-traumatic stress disorder
    - Depressive symptoms
  - Reproductive health
    - Delayed prenatal care
    - Low birth weight
    - Pre-term labor/delivery
    - Inadequate weight gain
  - Physical and sexual violence
    - Injury
    - Physical impairment
    - Physical symptoms
    - Depression
    - Fear of loss of attachment to child
    - Effects on the child


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**Partners Categories & Topics**

- **Family Development**
  - Relationships & Support
  - Fatherhood
  - Career Development & Finances
- **Maternal & Family Health**
  - Diet & Nutrition
  - Exercise & Physical Activity
  - Alcohol, Drugs, & Tobacco
  - Sex, STDs, & Family Planning
  - Family Health Care & Safety
  - Physical Changes & Discomforts
  - Childbirth Preparation
  - Preterm Labor
  - Emotional Health
- **Preparing/Caring for Baby**
  - Nutrition & Feeding
  - Daily Care Routines
  - Health & Safety
- **Baby/Toddler's Development**
  - Physical Development
  - Developmental Skills
  - Emerging Language & Literacy
  - Infant Mental Health
  - Guidance
  - Play & Learning

*Before Baby Arrives only*

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**Partners Tool for addressing IPV**

**Purpose Sheet**

**Prevent Find Interventions**

**Purpose or Task**

**Category**

- Prevent
- Caring for Baby
- Interventions
- Engaging
- Support
- Fatherhood
- Career Development & Finances
- Diet & Nutrition
- Exercise & Physical Activity
- Alcohol, Drugs, & Tobacco
- Sex, STDs, & Family Planning
- Family Health Care & Safety
- Physical Changes & Discomforts
- Childbirth Preparation
- Preterm Labor
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Purpose Sheet

Partners Tool for addressing IPV

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Stressed vs Stressed Out

- **Tolerable stress** – a physiological state that potentially disrupts brain architecture due to cortisol and is buffered by supportive relationships that facilitate coping.
- **Toxic stress** – causes prolonged activation of the stress response systems and can disrupt the development of brain architecture and other organs and increase the risk for stress related disease and cognitive impairment.
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Dads are Important!
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**Co-occurrence of IPV & child abuse**

**Children Exposed to IPV**

**First Impressions – Brain Development**

California Department of Justice
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Final Thoughts

- Be a keen observer while in the home and know how to support survivors and families dealing with violence.
- Use the *Partners for a Healthy Baby* Tool to support families.
- Know your program’s policies and procedures related to screening for IPV and supporting families.
- Know your community resource and referral options.

Thank you!